



PROJECT WORKER North & West Cumbria

ABOUT BRATHAY

At **Brathay** we know everyone has the capacity to do extraordinary things that can inspire and benefit others. This drives our mission to improve the life chances of **children, young people and families** by inspiring them to engage positively in their communities. Our charitable achievements are supported by the knowledge in our **research hub** and revenue from our **people and organisation development** consultancy along with our enterprising fundraising. We work throughout the UK to inspire people and organisations to achieve and deliver results from our network of locations across the North of England, including our inspiring Lake District base. Our expert teams engage and encourage people of all ages and backgrounds to discover the Brathay effect, enthused by our belief in the transformational power of people working together

VALUES | HOW WE DO IT

- Inspiring
- Supporting
- Sharing
- Achieving

CONTEXT OF THE ROLE

This role will work with young people from North & West Cumbria, delivering projects in the community. Our projects currently focus on two main areas - prevention of child sexual exploitation for young people who are demonstrating risk taking behaviours; and independent living skills for young people living in supported housing.

You will work with young people to support them to improve their life chances and reach their full potential through delivery of projects that enable them to build confidence, skills and resilience underpinned by an improved sense of wellbeing. To do this, you will utilise developmental tools and techniques including experiential learning, coaching techniques, behaviour modelling and behaviour change, to ensure the projects you lead have the maximum positive impact on the lives of the participants.

Brathay projects are delivered from a strengths based perspective, having unconditional positive regard for every young person; working with them to build Awareness Choice Action. In this role, all projects will be led by this approach.

WHAT YOU'LL BE DOING

- Facilitating high-quality projects for young people across North & West Cumbria
- Leading projects in the community, from the point of referral through to completion
- Working with colleagues at partnering organisations to identify the young people who could benefit from taking part in projects
- Working with young people for up to 12 weeks during daytime, evenings and weekends

- Support young people to connect with local organisations that can offer further support, training or activities
- Develop a network of peer support within each group

THE ROLE IN DETAIL

Additional key tasks and personal requirements related to the N&W Project Worker role include:

Supplementary Information: Project Worker – North and West Cumbria	
Additional Key Tasks	
<ul style="list-style-type: none"> • Attend meetings with Brathay Trust Project Manager and delivery partners to review progress of the projects and maximise the impact. • Supervise sessional staff during delivery of projects • Travel across Cumbria where required 	
Additional Skills and Experience	
<p>Essential</p> <ul style="list-style-type: none"> • Experience leading targeted youth development projects in the community • Practical understanding of Child Sexual Exploitation, risk factors and protective factors • Practical understanding of challenges faced by young people living in supported housing • Proven knowledge of experiential learning and behaviour change models • Able to evidence understanding and experience of good practice when working with vulnerable young people • Ability to work closely with staff from partnering organisations to ensure a wrap-around service is provided and the impact of projects is maximised 	<p>Desirable</p> <ul style="list-style-type: none"> • Experience delivering programmes with young people in North and / or West Cumbria
Additional Education and Qualifications	
<p>Essential</p> <ul style="list-style-type: none"> • Training and experience delivering CSE awareness and prevention 	<p>Desirable</p> <ul style="list-style-type: none"> • Level 2 Safeguarding training or equivalent